

# THE 36K FORMULA

## Introduction

Don't dismiss this system until you have tried it, if you stick with it you will be well on your way to make a monthly part-time/full time income from the sport of kings.

I could go on for pages about the ins and outs of this system and blind you with science but I always find its best keep things simple. Stick to the basic rules below and you will not go wrong.

Most punters think betting in large handicap fields is a mugs game, but it's a fact that 50% of winners

in these races come from the 1<sup>st</sup> four in the betting forecast.

Obviously some betting forecasts differ from newspaper to newspaper but in general it doesn't matter whether you use your daily newspaper or use the online race cards (Sporting Life/Racing Post) the results will be just as good.

### **RULES FOR RACE SELECTION:**

1. ALL CODES OF RACING (FLAT, NATIONAL HUNT, ALL-WEATHER)
2. HANDICAP RACES ONLY
3. 16+ RUNNER RACES ONLY

Now we have the correct races to invest in we need our selections and a stake for each horse...

### **RULES FOR HORSE SELECTION:**

Take the first four named horses in your chosen betting forecast

i.e.

**4/1 firecracker 5/1 desert son 11/2 dragonfly 7/1 zarakander**, bobs worth

In the above example the four highlighted horses would be our selections

### **RULES FOR STAKING:**

**STAKE 4 POINTS ON THE FIRST NAMED HORSE**

**STAKE 3 POINTS ON THE SECOND NAMED HORSE**

**STAKE 2 POINTS ON THE THIRD NAMED HORSE**

## **STAKE 1 POINT ON THE FOURTH NAMED HORSE**

This is a total outlay of ten points per race. If you were staking to £1 per point your bet would read as below from our example above:

£4 win Firecracker

£3 win Desert Son

£2 win Dragonfly

£1 win Zarkander

### **Conclusion**

In a nutshell that is it, you will be amazed at how many big priced winners you will bag doing this and how profitable the bets is.

We would recommend a 3 month trial to see its true potential.

To conclude we are betting in 16+ runner handicaps on the first four in the betting forecast staking 4-3-2-1.

We would recommend if more than one 16+ runner handicap on the day's race card you bet in the two with the most runners.

You can use it on every 16+ runner race but we have found sticking to the 2 races with the most runners is the most profitable angle.

Be Lucky

Paul

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# **BONUS 1**

## ***How I Consistently Win Over £500 for a £6 Stake***

The theory behind this plan is to achieve a four-race accumulator to pay out odds of over 500/1. This is aided by using multiple selections in some of the legs of the bet. The problem with most multiple bets bookmakers advise (Yankee, Lucky 15 etc) is that they involve lots of doubles trebles etc making the bets expensive to place each day and once one selection has gone down a big chunk of your multiple bets are down and you are fighting just to get your money back. This is why bookmakers love them!

This clever bet entails 7 selections involving just six points staked in an accumulator.

First Leg – 1 Selection  
Second Leg – 1 Selection  
Third Leg – 2 Selections  
Fourth Leg – 3 Selections

Staking  $1 \times 1 \times 2 \times 3 = 6$  Bets

You can use any stake you wish, even as low as 10 pence per line. Give it a try over a few weeks and you will soon see the potential behind my plan.

### **How To Select Your Bets**

#### **First and Second legs**

Use favourite that are at least 1.5 to 2pts clear of the next horse in the betting. I usually back up the selection with a strong newspaper tipster. What we are looking for in the first two legs is winners don't worry too much about the odds.

#### **Third Leg**

In this leg we are looking for odds of about 5/1. One way of picking these is to find handicap races, where the favourite is forecast 5/1 or better and take the first two in the betting forecast.

#### **Fourth Leg**

In this leg find handicap races where the favourite is forecast at 4/1 or more and take the first three in the betting forecast in your newspaper.

I have had some massive payouts using this method. Don't be put off by the forecast prices in the newspaper I have had 4/1 forecast favourites winning at 16/1 in the afternoon. My highest payout was £3,366 for a £6 stake when 3/1, 9/2, 8/1 and 16/1 winners came in! There is no reason why you should not be able to do the same with a bit of patience. You won't win every day, sometimes not for a week or two, but when you do win you will win big...for minimal stakes, which your bookmaker will not thank you for. Good Luck!

**P.S** Feel free to pass this info on the friends and family who you think will also benefit from this info.

**P.P.S** Here are some useful resources and links that may be of interest to you. They are definitely worth a look when you have time. Simply click on the links below for more details –

<http://www.private-syndicate.co.uk>

# **BONUS 2**

# LUCKY 15

## MASTER PLAN

A Lucky 15 consists of 15 bets involving 4 selections in different events. The bet includes 4 singles, 6 doubles, 4 trebles, and 1 fourfold. If only one selection wins, as a consolation returns are paid to double the odds. If all four selections win, a bonus of 10% is added to total returns. For the bonus to apply, all selections must win (none void or non-runners). For each-way bets the consolation is paid only on the win part of the bet. Lucky 15 bets are accepted on horse racing and greyhounds only. Also Lucky 31 and Lucky 63 exist.

Well this is a type of a **Full Coverage bet** because it covers **all possible combinations of multiple bets** from four selections. There are different types of multiple bets, all with different names, but the Lucky 15 option is a very popular one, particularly in **horse racing**.

There are two different types of Full Cover Bets, ones which do not include singles and ones which do. A Lucky 15 does **include all Four single bets** as well. So what exactly are you taking a punt on with a Lucky 15? Well, you are making **fifteen separate bets** within a Lucky 15 bet, hence the name! Firstly because this is built from four separate selections, you have **4 Single Bets**. Along with that, from those four selections you can also make a combination of **6 Double Bets**. To finish out, there are a combination of **4 Treble Bets** and one **Fourfold Accumulator** as well, adding up to fifteen bets in total.

So with a Lucky 15 you are spreading your betting net far and wide for just four selections, and naturally the pay off is a big reward if all four of your selections win. But the appeal of the Lucky 15 Full Coverage bet is that you can **still** make

**good profit if not all of your selections win**, and this is down to the coverage of the multiple options. The first thing to remember if you are tempted by a Lucky 15 bet, is that because you are essentially making fifteen separate bets, then you are going to be placing a stake of fifteen times of your unit stake.

For example if you have a £1 Lucky 15, then your actual stake is going to £15, one pound each for each of the fifteen bets involved here. But the potential pay out of this is huge. Let's say you make four selections all at 4/1 and all of them win after placing just a £1 Lucky 15. The profit return on that £15 stake is £1,409.50 (with a 10% win bonus) which is a very high percentage return for such a small stake. Were this dream example to happen, then you would not just be winning fifteen 4/1 bets at a £1 stake each. Remember that you have placed wagers on multiple bets, so within this example you would be winning **Four Single Bets, Six Double Bets, 4 Treble Bets and the Fourfold Accumulator** all at 4/1 each.

Multiple bets are a great way to shoot for big profit for a relatively small stake, and that is the appeal of them. Picking four winning selections is all that it will take to pay out big.

Sometimes bookmakers will make a bit Full Coverage bet like a Lucky 15 even more attractive by offering a Consolation in which you may get paid out Double odds if just one of your four selections in a Lucky 15 come up, giving you a little extra insurance against the value of your original stake. So a Lucky 15 bet can be highly profitable and are well worth studying in your approach to betting.

A Lucky 15 can be a very lucrative bet if used in the correct way. Most average punters go wrong by either:

A) Trying to put all favourites in their bet and hoping they all win

The problem with this approach is they don't win as often as you think and when they do the odds are that small the pay-out is minimal. The bookmakers have these horses well covered.

B) Trying to find big priced winners and putting four of these in their bets.

The problem with this is it's like trying to find a needle in a haystack getting 10/1 + winners and you simple won't have enough winners to get much of a return on your bet. Your bookmaker will love you if you fill your bet with big priced horses!

### **So what's the correct approach?**

This is a bet I have been using for a while now and put a few on whenever I am at the races. Most bookmakers will give you double the odds for one winner but you can search out a few treble the odds one winner bookmakers on a Lucky 15 like Betfred.

#### Lucky 15 winning approach

Look at the forecast prices in your newspaper. What you want are the 3rd and 4th named horses in the betting i.e.

#### **3/1 Kings Stand, 9/2 Ruby Rock, 6/1 Softspot, 6/1 Billyred**

In the example above you would chose SOFTSPOT AND BILLYRED. Now put these in separate Lucky 15 bets one with all the 3rd named horses and one with all the 4<sup>th</sup> named horses.

You can do this with any race you wish. These horses are a puzzle for the bookmaker as they don't know if they have a strong chance or if they have not got a chance. **Put the second and third named in the betting forecast if the favourite is forecast odds on in your newspaper.**

You will be amazed at the prices they go in at and you don't need many 6/1 shots doubling and trebling up to accumulate some massive returns, my best to date is £21,532. You will have losing days but your winning days will be massive!

Be lucky, Paul

# **BONUS 3**

## ***How to Win The Tote Placepot Every Day And Be Rich Racing System***

The Placepot is without doubt the best value bet in gambling. Just a £1.00 bet can return dividends in excess of several hundred pounds! To win the placepot you have to select a horse to be placed in each of the first six races at a meeting. As well as being great value it is an excellent "fun" bet as it gives you an interest in a large number of races for just a small investment. Placepots are run by the Tote most high street bookmakers will now accept placepot bets. Whether you bet most days or just on Saturdays, a Placepot bet is a smart investment to make!

Obviously finding a horse to place in six consecutive races is not easy. However this publication "Cracking The Placepot" with a new, updated version is a real winner. It really works! Using it will help you to win the Placepot dividends with great regularity, you are virtually guaranteed a win every week. Not all placepot are in the £500+ region (although from time to time returns can be in four figures!), but compared with other types of race betting the "level-stakes" returns on a week to week basis are huge.

Firstly, we must decide which meeting to use each day. It is best to stick to just one meeting per day. If there is a choice of meetings then it is usually best not to use the main meeting as this quite often contains races with big, competitive fields, and it makes our job of finding horses to place more difficult.

Conversely, the lowest grade meeting of the day, particularly in the flat season, also has its problems. The horses here are often ridden by the poorest standard of jockeys which makes analysis hard. So when presented with a choice of meetings pick the second biggest meeting of the day to work on. If you are uncertain which one this is, then add together the prize values of each race at each meeting. The one with the second highest total will be the one to use.

Having selected our meeting, we now need to make our selections.

To capture the Placepot we are going to use a Placepot perm. This allows us to pick more than one horse in each race. Most bookmakers now supply Placepot perm slips which make entering easier.

To win the pot we need to select a placed horse in each race. Obviously if we had covered say, three horses in every race then our chances are greatly improved. Unfortunately it's not that easy! The more horses we cover in each race, the more costly our bet. To cover three in each of the six races would need 729 bets, ie. 729 times our stake. Too much.

The perm we use in this plan uses 36 lines, at 25p unit stake the bet costs just £9.00. It consists of a single selection in two of the races, two selections in another two races, and three selections in the remaining two races.  $1 \times 1 \times 2 \times 2 \times 3 \times 3 = 36$  bets.

Now to make our selections for the perm. If you are an experienced student of form you can add your own knowledge to the selection process, but here we are going to base our selections on S.P. forecasts. Using the morning betting forecasts is a very reliable selection method to use with this plan.

Look at the s.p. forecasts for the six races concerned. Look for the two races with the shortest priced favourites. These will be (hopefully) the most reliable favourites of the day, and even if they don't win, they should place. These act as our "single" entries in the perm.

Select the two races with the biggest fields, they are usually big handicap races, and are always the hardest to select winners in. Take the first three horses in the betting forecast in each of these races, they will be our "three" selections in the perm.

Obviously in the remaining two races, we use the first two in the betting forecast as our "two" selection elements in the perm. We now have all the elements for our perm. Don't be fooled into thinking that because the selection method is quick and easy, it is ineffective. If you use it daily you should scoop the Placepot at least once a week.

One last note about which paper to use. I recommend using one of the specialist racing papers as their S.P. forecasts tend to be more accurate, but whichever you use, keep to the same one each day

**You can get a free racing system showing you how to make £100 a day at the website below if you are quick:**

<http://www.makehundredaday.com/>

# **BONUS 4**

## ***Amazing Doubles Horse Racing System***

**Any newspaper with racing pages may be used.**

We need the betting forecasts usually shown at the base of each-race and recent form to predict runners for the system.

Check each race in turn, we are looking for races in which the first, second or third in the betting forecast will provide reasonable prices.

Ignore races in which the first in the betting forecast is quoted at less than evens.

Look for minimum prices of at least 6-4 for the first in the betting, forecast.

Eliminate races of less than 5 runners, the odds quoted here are often cramped, and in the betting market the prices can shorten very quickly.

Large fields of 16 and more runners should also be ignored.

The races we have left will provide the winners we need.

**For the basic system we need 12 horses.**

It is better to pick these from different races, so we need 12 races.

Bear in mind two things when picking the races. The first is the type of race selected. Handicap races often provide better prices of winners, but non handicap races provide the greater percentage of winners from the first three in the betting forecast.

The second is that the higher the price of the first in the betting forecast, the more open the race is and the harder to find the winner.

If you are looking for regular small winnings, then go for non-handicap races with lower prices, but if you are prepared to wait for substantial winnings, then go for mainly handicap races with bigger prices.

A further way is to spread the risk is by taking 3 or 4 higher prices, with the remainder at lower prices.

Which horse you actually choose to use of the three in the betting forecast will depend on the form of the horses in question.

Always go for the best recent form irrespective of whether the horse is first, second or third in the betting forecast.

The expert who compiles the betting forecast will always work out the best runner in his opinion, but you must pick the best runner for your needs, and form is the key to your final selection.

Once you have found the best twelve horses, it is time to write out your bet.

Write the meeting, time of race and name of runner on the betting slip.

After each three runners draw a thick line and add a bracket around each three.

The instructions to write on the slip are:

**Any 1, 2, 3 and all 4 brackets.**

This equals a total of 15 bets made up of 4 trebles, 6 sixfolds, 4 ninefolds and 1 twelvefold.

The bet can pay up with only 3 horses winning, and at only 2-1 odds for each winner- will pay 26-1.

It is when you get the sixfolds up that you really cash in.

You can also put the bet on as 15 each way bets, a total of 30 individual bets.

As there will normally be a lot of placed runners at reasonable prices, you could make profits on many days.

Here is an example of how to write out your betting slip below....

# Ladbrokes

please ask our staff if you need any help

~~NEW 1-35~~ NEW 1-35 LANARK  
NEW 2-05 GALICIAN  
NEW 2-40 ROYAL EMPIRE

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RIP 2-00 LADY CAPTAIN  
RIP 2-35 COMPLICIT  
RIP 3-10 SILVERHEELS

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RIP 3-35 SALUTATION  
RIP 4-20 TRIPLE EIGHT  
RIP 4-55 KUANTAN

---

ASC 1-45 FITZWILLY  
ASC 2-20 MAN OF LEISURE  
ASC 3-30 BOBOWEN

INSTRUCTIONS:  
ANY 1, 2, 3 AND ALL 4 BRACKETS

total stake £ 15 : 00 p

all bets are subject to Ladbrokes rules

**P.S** Feel free to email or pass this horse racing system onto anyone on your email address book that may be interested. I want as many punters as possible to hit the bookies hard with this system!

**P.P.S** Below are some more horse racing systems that you may find useful

Take a look at each link when you get time

## **Useful links**

### **Brand new hot racing system ->**

<http://www.cashinminute.co.uk/>

### **Free 1 month trial below....**

<http://www.private-syndicate.co.uk/>

### **Do these 3 things and make money every time:**

<http://www.empowernetwork.com/makemoneynow.php?id=internetriches>

### **3 ways to make £1000 a week:**

<http://www.easymoneysite.co.uk/>

### **How to make £100 a day without a job...**

<http://www.makehundredaday.com/>

# **BONUS 5**

<http://www.newcashondemand.com>

## **THE UK`S BEST STAKING PLANS EVER!!**

*TURN £100`S INTO £1000`S OVER AND OVER AGAIN!!*

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*CHANGE YOURE BETTING FOREVER!*

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### **INTRODUCTION**

Staking is one of the most important aspects of making money, and hopefully I can help you to improve your winning. DO NOT expect to make a £MILLION overnight, it takes many years of hard full-time study to make enough money

to give up all other forms of work. I retired to study form in 1986, but only started making a descent living out of it in 1994, so be patient.

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NO tipping service in the history of the world has made instant profits; they are all based on long-term investment.

Unlike some, I will back odds-on, as a winner counts towards profits, although the risk does increase the lower the price gets.

I hope you find these staking plans as useful and profitable as I have over the years. Try them out on your own selections, systems or tipster of your choice I am sure you will see the capability of them.

### **THE SECURE PROFIT MAKER**

This is a simple plan to use, but can take a little time to get the hang of. It is based on the fact that as the price of a horse increases, its chances of winning are therefore lessened. This system is based on the principle that the higher the price of the horse, the less you place on it, thereby including

security into your outlay. On the other hand it takes advantage of the odds by ensuring that the greater they are, the higher the return you get.

Although you can change, and evolve the following as you go to suite your own betting, this has proved to be one of the best systems around, and is used by many other professionals. Any winners over 8/1 give the highest profit, you can raise this, and change the amount you lay depending on how much security/profit you are looking for. Your starting betting bank should be at least 100 times your top stake i.e. £100 top stake = £2000 betting bank.

<u>ODDS</u>	<u>STAKE (£)</u>
<11/10	100
6/5-5/4	90
11/8	85
6/4-13/8	80
7/4-2/1	75
9/4	70
5/2	65
11/4-3/1	60
10/3-7/2	55
4/1-9/2	50
5/1-6/1	45
7/1-12/1	40
14/1+	30

### **THE 50% INVESTOR**

This is a simple system that should only be used when the strike rate is more

than 45%, although it will work on less, the profitable advantage is reduced.

What ever staking system you use now, continue to use it throughout this system. Use this as an addition, or work on a level stake basis.

The example below is based on a level stake system;

Place 1 point on the selection. If it loses, place 1 point on the next one, and so on.

If it wins, for example @ 6/4, which returns 2.5 points, take away your stake, leaving the profit, 1.5 in this case, and half it = 0.75 points for the example.

Add this to your next stake. So that would be 1.75 points on your next selection.

Unlike investing all of your winnings, this system has the security of keeping 50% in your pocket.

Win or lose, you return to 1 point for the next race.

**EXAMPLE:**

STAKE RESULT RETURN RETURN@LEVELS

1PT LOST -1 -1

1PT WON 2/1 +1 +1

2PT WON 3/1 +7 +4

1PT LOST +6 +3

1PT WON 6/4 +7.5 +4.5

1.75PT LOST +5.75 +3.5

1PT WON +8.5 +6

2.25PT WON 3/1 +15 +9

### **THE STEPPING PLAN**

The system is checked once a week, Sunday evening in my case. Work out what your profit/loss is to a £1 level stake for the past week, and follow these rules:

Starting off initially with a basic stake as 1 point (1x your stake) for the first week, if at the end of that week your total is less than £2, then increase your basic stake to 3 points (3x your stake) for the following week.

Again at the end of that week, if your total is less than £2, then increase your basic stake to 5 points (5x your stake). This is the highest your stake is allowed to go. So if after another week, its still less than £2, then your basic stake will stay at 5 points.

If at the end of the week you have made £2 or more, reduce your stake back to 1 point (1x your stake), and start all over again.

### **THE STEPPING PLAN (2)**

This is similar to the above but works on the principle of 1, 1, 2, 2, 3 (max points) strictly followed after each race, and not at the end of the week. So if your first 2 horses lose, you back the 3 selection with 2 points (2x your

stake), etc, continuing from where you left off the day before.

I do not like this one, although it does improve profits, as you cannot include early morning prices, and ante - post bets, as you do not always know how much is supposed to be placed on them.

### **LEVEL STAKES**

Although you here a lot about this one, it is not a good way of betting. For instance, if your level stake is £10, why should you have it on an even chance, and the same amount on a 50/1 chance? Yes, it means you might

win more, but it is a bigger price because of its chance, and so you should invest less on it. This is the easiest system to use, and probably used by the majority, but again, it usually helps increase the bookmaker's profits in the long term.

### **% BANK STAKING**

Also a method used by many people, although this is not part of the above systems, it can be worked into them. But the basic rule here is if you just

placed 1% of your total bank on each selection, your bank should never reach `0`, although most people would for instance starting with £1000, place £10 on each selection and if the bank doubles to £2000, then increase the stake to £20, or if it halved to £500, reduce it to £5. This is a good way of protecting the bank during losing runs.

### **% STEPPER**

This is one of the top staking methods. This method applies to one race only, and is then corrected after each bet. Your bets are split into 3 categories, and are placed as a % of the bank as follows, 2%, 5% and 10%. This is another

service where your bank should never reach 0, and is a method used by many.

### **ROLLOVER DOUBLE**

You place your usual stake on the horse, and if it wins, place all of it onto the next runner. Reduce back to your usual stake whether that selection wins or losses. This system should only be applied to selections that run at over 50%,

but can improve profits by over 30%.

### **THE 10% STAKING PLAN**

The 10% Staking Plan is a conservative method of automatically pressing up your bets when winning and cutting back when losing.

The staking plan is very simple and requires you to use 10% of your bankroll

for each bet, recalculating after every wager.

For example, if starting bankroll were £100, your first bet would be £10 (10% of your total). If you're first bet wins and your bankroll increases from the original £100 to £120, your next bet would be £12, which is 10% of your bankroll total.

Conversely, if your first bet loses, you would then wager 10% of your remaining bankroll, in this case that would be £90, so the next wager is £9, which is 10% of the new bankroll amount.

This 10% staking plan is designed to take full advantage of winning streaks and at the same time it allows for inevitable runs of bad luck that come along periodically.

## **Conclusion**

A decent staking plan can make the difference between a profit and loss and is a crucial element to punting success. The above systems are the best staking plans ever devised and will boost your profits immensely when used in conjunction with proven successful racing systems.

Feel free to pass this document on to any fellow punters, friends or family who you think will also benefit from these amazing staking plans.

We wish you all the very best with your future gambling investments

Now you have in your armour the Best UK Racing Systems ever, why not get a copy of this:

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